

Whimpe News



April/May 2019

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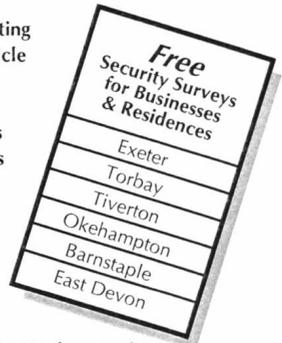
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What's On In Whimble

April

- 6th Front Row Club – 7.00 for 7.30 pm – details on website/posters.
- 7th Mega Quiz – 6.30pm -Thirsty Farmer to support Nick and Teresa's London Marathon run on behalf of Hospiscare – details page 27.
- 9th WI Monthly Meeting – 7.00 for 7.30 p.m. Victory Hall – speaker is Dr Peter Marsden – 'Archaeology of Cesspits, Cemeteries etc'.
- 12th Parish Council Special Public Meeting about the Cranbrook Expansion Plan – Victory Hall 7.00 – 9.00 pm – details pages 20&21.
- 16th Whimble Annual Parish Council Meeting Victory Hall 7.00pm.
- 20th Heritage Centre – Archive Open Day 10.30am- 4.00pm – details page 38.
- 23rd PCC AGM at the church, 7.00pm – details page 59.
- 26th History Society talk - Victory Hall 7.30pm.
- 27th Soup'n'Sarnie Victory Hall 12.00noon to 1.30pm.
- 28th Whimble and Broadclyst Young Farmers – Easter Bingo – Victory Hall 7.30pm
Doors open 7.00pm.

May

- 11th VPA Annual Spring Plant Sale – Victory Hall – details page 46.
- 11th Front Row Club – 7.00 for 7.30pm – details on website/posters.
- 12th VPA outing to Malvern Spring Flower Show – details pages 46 & 47.
- 13th Whimble Parish Council Planning Meeting – Victory Hall 7.00pm.
- 14th WI AGM - 7.00 for 7.30pm. Victory Hall. Cheese and Wine.
- 20th Whimble Parish Council Meeting Victory Hall 7.00pm – AGM and Re-election of Members.
- 25th Soup'n'Sarnie Victory Hall 12.00noon to 1.30pm.

June

- 3rd Whimble Parish Council Planning Meeting – Victory Hall 7.00pm.
- 9th Front Row Club – 7.00 for 7.30pm – details on website/posters – End of Season Special.
- 11th WI Monthly Meeting – 7.00 for 7.30pm Victory Hall. Speaker is Hillary Nowill 'The Business of Millinery'.
- 17th Whimble Parish Council Meeting Victory Hall 7.00pm.
- 23rd VPA trip to RHS Rosemoor – Rose Weekend and Craft Market - details page 46.
- 29th Soup'n'Sarnie Victory Hall 12.00noon to 1.30pm.
- 29th Doreen Staddon Open Garden for Hospiscare
- 30th Doreen Staddon Open Garden for Hospiscare – details in the next News/on posters.

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Ed the Ed

We are very pleased to offer you this edition as it is packed full of articles that we hope you will find interesting – information about changes to train timetables, the current hot topic of the Cranbrook Expansion Plan and what options we have, a panto review, a very busy VPA plan for the next few months, an appeal from St Mary's Church, and my conversation with Frank and Elle Manley which I thoroughly enjoyed doing! And lots more.....

On 18th March there was a Parish Council meeting in the Committee Room as normal, except that the Cranbrook Expansion Plan was being formally presented to the Parish Councillors by a member of the East Devon Council's Planning Department – who were joined by so many interested villagers that they overflowed into the kitchen and some had to watch/take part in the proceedings via the hatchway between the two rooms. John Griffiths chaired that meeting very well, controlling input and raising several questions for the presenter and our County Councillor and District Councillor. You will see in this issue that the Parish Council have organised a special meeting to deal with this topic on Friday 12th April – thank you to them for recognising the importance of this topic for Whimble. I hope that we can look to our two councillors, Iain Chubb and Mark Evans-Martin to attend and let us know how they can assist us.

I am writing this editorial on a wonderful sunny morning a day before Mother's Day – a bit of sun on the old bones does wonders! I have managed to get out on my bike several times already thanks to this improvement in the weather. On the topic of Mother's Day...why don't they have a Pantomime Dames' Day as well? I think we could fill a pub with current and ex-Dames to celebrate!

April 1st is also fast approaching – in my youth it gave me a chance to create some mischief from advertising the headmaster's car for sale, and then making several disguised phone calls to express interest in said car (but removing the advert at 12.00 noon as per the spirit of the day); later in life, my sons, who were around 12 and 9 at the time, were solemnly told that as we had an infestation of bookmites in the house, we needed to evacuate the house so that the council could get in and spray throughout. So, I had both boys stood by the side of my car with their duvets and pillows ready to drive to my parents, looking very worried. I then asked them what day it was...and the penny dropped!

If you would like to offer an article for the June/July magazine, then please send it to Bob Scanlan on bob.scanlan@eclipse.co.uk or me on edhitch@btinternet.com or leave it in our post box at Dairy Cottage opposite the New Fountain by 7th May – thanks!

Enjoy the start of the summer.

EdH



It has been lovely to have such a warm response to our attempts to reduce plastic waste. Many people are keenly using their reusable bread and produce bags and if you have not already got yours then we have a great new stock in store, thanks to Zena Calverley and the recycling of the old Village Hall curtains. Zena has not only brightened up the hall but made loads of produce bags from the nets, bread bags from the linings and shopping bags from the curtains. Bags are in store and ready for you to use and reuse.

We will continue to buy as much of our fruit and veg loose, to reduce packaging and to buy local produce where possible. Hopefully by the time this is published we will have some local bacon and frozen meat from Knights Farm in Fluxton. They are a caring farm and their meat is lovingly reared and killed locally.

We will try to stock more products to help with reducing plastics so watch out for local products that may help us make changes.

Good Friday, Easter Sunday and Easter Monday the shop will be open 9.00am - 11.00am only.

Post Office

Just a reminder that our collection times have changed slightly. Weekdays are 11.45am and 4.30pm. Saturday collection is 11.45am. To ensure your post or banking goes that day, please make sure you bring it in at least 10 - 15 minutes before collection time, as paperwork needs to go with end of day collection and we have to give this priority to make sure it goes every day.

Banking services are constantly being improved with many high street banks extending what we can do in branch including cash deposits being possible with a card. Banking services are free and available every day the Shop is open (except bank holidays).

During the Easter period the Post Office will be closed on Good Friday, Easter Sunday and Easter Monday.

Jenny and Mark

Thank You

There is an advert in this edition for a deliverer to replace Irene Carter who has done a brilliant job in delivering the Whimple News for many years.. even before the new team took over some 20 years ago; Miles and Viv Leonard have passed the delivery bag for Slewtton Crescent to Mike and Tamara Snell after 20 years...thanks to Irene, Viv and Miles for all their help!

Ed H

Mark, Jenny and Team



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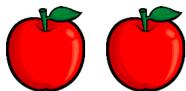
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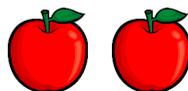
Whimble Community Orchard

A new community orchard has been planted at the eastern end of the Heberton Close allotments with five trees kindly funded with a grant from the People's Trust for Endangered Species. Trees are local varieties sourced from local orchard tree supplier; Adams Apples in Payhembury, who also kindly supplied us with advice on planting, free tree ties and rabbit guards! We've got the infamous Whimble Wonder in addition to Payhembury, Sweet Alford and good eating apples; Katy and Lord Lambourne. The trees won't bear much fruit for the first few years but after that, and for, hopefully, the next several decades, they'll be a lovely asset for all the villagers to enjoy. We're also aiming to establish a wildflower meadow around the trees over the next year.

Many thanks to the Parish Council & Kevin Finch for letting us create it, PTES and Adams Apples for funding and supplying and to Dean, Kerry, Dave, Charlie and George in helping to plant it.

Hope everyone can enjoy it in the years to come.

Polly Luscombe



Whimble Victory Hall



**Join us for
Soup'n'Sarnie Lunch**

**12.00noon to 1.30pm on
Saturday 27th April
and Saturday 25th May**

On June 29/30th I am opening my garden in aid of Hospiscare, there will be tea and cakes available and plants for sale.

Opening times on both days will be 1.00pm to 6.00pm.

More details will be announced in the next edition of the Whimble News and on posters around the village.

Doreen Staddon

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How would you spend £40,000 on sport in Whimble?

Whimble's residents, sports clubs, voluntary groups and other organisations are being asked for their ideas on how to spend funding totalling £40,000 on outdoor sports facilities in the parish.

The funds – Section 106 money - have been collected by East Devon District Council from housing developments in the parish and the council has a clear policy of ensuring that residents and parish organisations should choose how the money is spent. East Devon District and Whimble Parish Councils are inviting everyone to send in their ideas on how to spend the money.

Ideas can include all sorts of outdoor sports from an outdoor gym or skate park to works being carried out at a cricket or football pitch.

Proposals must be for:

- New outdoor sports facilities or to improve existing outdoor sports facilities.
- Permanently sited sports facilities and equipment. For example football goals, courts or training areas, so not for movable equipment like cricket bats, kayaks or tennis rackets.
- Sports facilities or equipment that is open and accessible to the community. A small fee may be charged but it must be affordable.

Funding cannot be spent on buildings, indoor facilities, professional sports grounds or golf courses.

All ideas must be submitted to Whimble Parish Council by noon on Wednesday 15th May at the latest. Please send your name, your contact details, information on what your proposal is and an estimate of how much funding your project would need - if you know. We can then contact you for further information if we need to.

Please send your ideas to the parish council by e-mail:

whimbleparishcouncil@gmail.com

or you can post it to Kevin Finch, Whimble Parish Clerk, 48 Slewtton Crescent, Whimble EX5 2QA. Once the parish council has received the proposals they will work with East Devon District Council to make sure they are eligible, affordable and possible. Residents will then be given a chance to look at all the ideas that can happen and vote on them. The eligible ones that gain the most votes are where the money will be spent.

Councillor Tom Wright, EDDC portfolio holder for Environment said: "Since 2008, we've allowed parish and town councils and the local community to decide how Section 106 funding is spent on sport and play. We felt it was really important that local residents get what they want in exchange for new developments in their area. I would urge local people and organisations to come forward with any ideas they have for sports projects for Whimble, as your suggestions really could make a difference".

Kevin Finch, Whimble Parish Clerk
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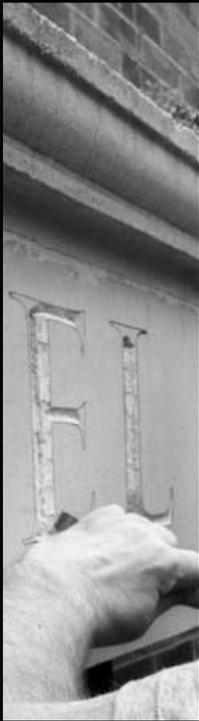
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Whimble Victory Hall

The Future of the Victory Hall - Regular users feedback

In the last edition of Whimble News I wrote about the decisions facing the Victory Hall Trustees when considering the future of the Victory Hall. We believe these are decisions for the whole village so have started by consulting regular users of the hall.

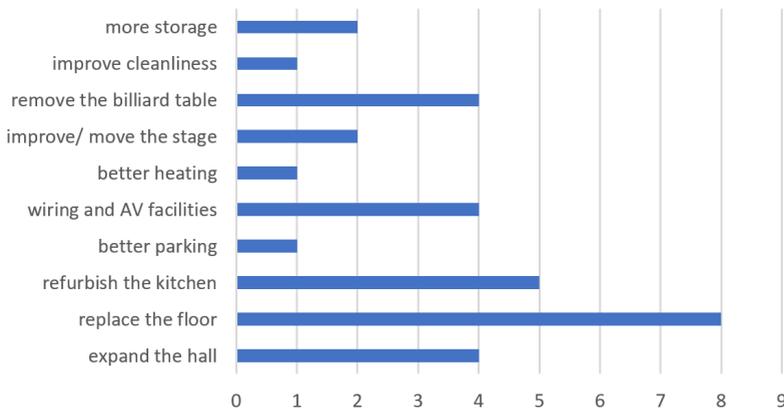
Nineteen of the twenty regular users we consulted responded.

The majority view (15 out of 19) was that the Hall should remain where it is, with the Primary School considering it essential. Three groups didn't mind and only one favoured moving elsewhere.

There was a marginal preference (6 out of 19) for the existing hall to be refurbished rather than rebuilt (2 out of 19). Three didn't mind and eight didn't say.

There were a number of other issues raised in replies from users with the most immediate being the need to repair the main hall floor.

Other issues raised in responses



In the light of these responses the Trustees have agreed to use some of the money set aside for future development to replace the wooden floor as a matter of urgency. This in no way prejudices the outcome of further consultation with the wider village community and the Trustees will continue to explore options on the existing site and elsewhere.

We are now planning the next stage of consultation which will include an invitation to an open day, or days, to be held at the hall with a short questionnaire to canvas views from everyone in Whimble.

I will keep you informed.

Bob Scanlan

St. Mary's Church – Repairs and Appeal

Some call it Murphy's Law, others have a more derogatory name for it, but often several things seem to go wrong in close succession. The church building has just gone through one of those spells. I suppose it should be no great surprise, after all the building is big and old and these things happen. However, as the building is listed any work undertaken has to be specified by our church architect and approved by the diocesan authorities. Therefore, we have to conform to higher standards than most homes and for repairs we have to replace like with like and this tends to be expensive.

So, what exactly has happened?

Firstly, the planned work – some of you may recall that a couple of years ago the Community Theatre4All team put on a very successful production of Godspell in the church. For that event a small platform was constructed at the front of church which remained afterwards as a temporary feature while we assessed whether it would be worth having a permanent platform there. To cut a long story short, we have found that the platform has been beneficial not just for church services, but also for other groups using the church for concerts and theatrical productions. Consequently, the Parochial Church Council (PCC) decided last year to replace the temporary structure, which creaked a bit, with something rather more robust. Costs were to be met with money donated to the church by a legacy from one of our parishioners and it was decided the work should be done after the Christmas services were complete, to minimise disruption. Hence many of you may have noticed contractors working in church and the church closed to the public outside of normal service times.

However, when the contractors got to the choir stalls, they noticed all was not well. These have been in place for just over 100 years and the planks under the stalls appeared very bouncy – not good if part of a stage for a theatrical production. On further investigation, it was discovered that most of the wooden joists under the choir stalls were rotten and the oak flooring planks were also rotting and in places were less than half of their original thickness. It is quite likely that if not discovered at this time, there may have been an accident in the near future with someone falling through the floor. Repair was essential and has cost about £7,500 in addition to the works on the platform.

At about the same time we had a problem with the clock in the church tower which I am sure many of you look at when in The Square. No significant work has had to be done to that since 1997. However, on this occasion various switches and a motor had to be replaced with another bill of nearly £400.

To add insult to injury, also around this time, there have been issues with the bells (a clapper fell out of one of them while they were being rung) which necessitated a thorough inspection of all the bells and the respective repairs – another unplanned expenditure of nearly £600.

In the meantime, we had our formal 5-yearly building inspection which we are required to undertake by the church authorities.

Our architect conducts this and produces a formal report which is also sent to the Archdeacon and we have to produce a programme of works to fix anything that has been identified as a problem. It costs us £540 for the privilege of being told what is wrong with our building.

Following the previous inspection, we had to carry out extensive work which cost over £22,000, of which nearly £13,000 was for the replacement of the roof gully between the Nave and the South Aisle. This time it looks as though we are slightly more fortunate, but repairs to various bits of stonework and slates have been identified which will cost several thousand pounds to fix over the next couple of years. Also, having repaired the South Gully, it is quite likely the North Gully will require work doing to it in the not too distant future.

So how is all this funded? Well normal running costs for the church i.e. our contribution to the church common fund which pays the salaries and pension contributions for vicars, the church utility costs, upkeep of the churchyard, etc. amounts to about £50,000/year; most of this comes from contributions by members of the congregation and fund-raising (fetes, flower festivals, etc.). Some repairs to the building are also funded in this way but for major works we rely on legacies and donations which we put into a separate 'Church Fabric' account specifically to fund such things. However, this 'perfect storm' of unforeseen issues that have needed to be fixed immediately has denuded the reserve funds of the church and made it very difficult to plan the expenditure needed to continue to maintain the building.

We appreciate it is never a good time to appeal for money, but even if you are not a regular attendee in our village church, you may value it because: you come along to special services e.g. Christmas, Easter and Remembrance Sunday; you attend village events hosted in church; you expect it to be there for family weddings, baptisms or funerals; you enjoy listening to the bells; or you wish to preserve it for its architecture as the building dominates the centre of the village. To that end the church belongs to the whole village not just the regular congregation who maintains it from day to day, **and it now needs your support.**

Consequently, a donation, however large or small, into our Fabric Fund would be much appreciated in order to help keep the building in a safe condition and allow the PCC to plan for future repairs. A small standing order would be even better and perhaps a thought given to leaving a small sum as a legacy would also be much appreciated so that we can maintain this hub of the village for future generations. In the not so distant past when Whiteways was the major employer in the village, the church was most generously supported by that family but we now have to rely more on the community to support and maintain our village facilities.

We hope you value your village church. If you would like to find out how you can contribute in order to help maintain it, please contact one of the churchwardens: Gerri Turner (Tel: 822587) or Ian Spicer (Tel: 823640).

Stephen Godsiff

PCC Secretary

WHIMPLE HISTORY SOCIETY

WHIMPLE Q.I.

A few more interesting facts about Whimple taken from the History Society's extensive archives.

The first train through Whimple Station was on 18th July 1860. The train carrying London & South Western Railway directors left Waterloo at 8a.m. and arrived at Exeter at 3p.m. The holiday in Exeter that day marked the Exeter Fair and a total eclipse of the sun during the afternoon. Public services began on 19th July 1860 and full public services on 1st August 1860.

The winter of 1963 was the worst in the Whimple area since 1740. The snow remained for more than two months.

Extract from 'Minutes of Vestry Meetings': "November 6th 1845. It was resolved that Poor House be given up for the purpose of constructing School Rooms and a School Master's House, one room being reserved for a Vestry Room."

The 'school-house' was enlarged in 1871 at a cost of £240.00.

Knowle Cross House was built in the Colonial style for Dr. Mulholland by an Exeter firm. It is thought the land was donated by Whiteways as the Company wanted a doctor in the village to provide medical care for their workers.



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New look, same great band!

IMPORTANT FOR ALL WHIMPLE RESIDENTS

The Cranbrook expansion plan is proposing to locate approximately 800 - 1000 residential houses as well as a traveller and gypsy site in the area referred to as 'Cobden's' on the plan. This is the land which is nearest to Hand and Pen and Whimble Village, within walking distance of both.

This proposed expansion at Cobden's will have a significant impact upon Whimble village and Whimble Parish residents. It is very urgent and of great importance that we Whimble residents raise objections. Once the plans are agreed it will be too late. There is currently an EDDC consultation period which **ends at 5.00pm on April 25th** in which local residents are able to voice any concerns and raise objections.

The objections cannot be of a personal, prejudicial or racist nature, or simply because we may not like the idea. The objections have to be on the grounds of planning concern and also the impact of such proposed planning developments upon Whimble itself, such as: concerns regarding the landscape, the roads, transport and traffic problems, drainage considerations, environmental impacts, (London Road is liable to flooding), light and noise pollution as well as carbon footprint effects. It is also important to mention the impact upon the existing infrastructure, such as schools, GP surgeries etc. Examples of objection points can be found here:

<https://campaigntravellers.2day.uk/section/OBJECTIONLETTERTYPE1/30607171>

It seems that if the plans are agreed, EDDC are proposing 'cracking on' with the plans for the Traveller site as a priority before the other infrastructure is in place. This will not only have a deleterious effect upon Whimble schools and GP surgeries who will have to make provision for Travellers as the new school and Health Centre will not, as yet, have been built.

The next Whimble Parish meeting will be held on **Monday April 15th, 7.00pm at the Victory Hall in Whimble**. Please would you consider attending. The Parish Council will be putting forward their considerations on the proposed plans. If EDDC succeed in implementing their planning proposals for Cobden's, the 'small but perfectly formed,' Whimble will lose its East Devon, historic, quaint village character and will become like an extension of the town of Cranbrook. Is this what we want?

There is a raft of information on the internet detailing the specific impact of traveller and gypsy sites being located within a settled community. If we do not object, sadly, it is what we will get.

We can also lobby our local MP; the Rt Hon Sir Hugo Swire

hugo.swire.mp@parliament.uk

as well as Councillors;

Cllr Iain Chubb, (Devon County Councillor)

iain.chubb@devon.gov.uk

Cllr Mark Evans-Martin, (East Devon District Councillor),

mevans-martin@eastdevon.gov.uk .

Cranbrook Expansion Plan Public Meeting and change of date of Parish Meeting

I have arranged a further public meeting in the Main Hall of the Victory Hall from 7.00pm to 9.00pm on Friday 12th April to run through the Cranbrook Expansion plan again and what it means for Whimble. The run through will be presented by the Parish Council and Councillors are looking to gather any additional views that can then be considered in the Parish Council response to the EDDC consultation. I would also urge all residents to complete the EDDC online form with their own comments.

I have had to change the date of the Parish meeting from Monday 15th April to Tuesday 16th April to be able to use the main hall. Residents are welcome to attend, but please be aware that, as always, in formal Parish meetings (not just Whimble) there is only a 10 minute public open session at the start of the Parish Meeting.

Residents wishing to be part of and to hear more detailed discussions are therefore advised to attend the public meeting on the 12th, which has been specifically arranged to discuss the Cranbrook Expansion plan.

My thanks go to Ali Tierney at the Victory Hall for helping with changes to the booking of the hall at such short notice.

Kevin Finch, Whimble Parish Clerk

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WHIMPLE TABLE TENNIS CLUB



Club Nights 2019

The Club meets on Tuesday evenings between 7.00pm and 9.00pm,
at the Victory Hall, on the following dates:

23rd April

7th and 21st May

4th and 18th June

2nd and 23rd July

6th August

3rd and 17th September

1st and 15th October

5th and 19th November

3rd and 17th December

We would love to see new members so please come along and join in.
All levels and ages are catered for and all equipment will be supplied.

The cost is £3.00 per evening.

If you have any questions please call me on **07787 544192**.

I look forward to meeting you.

Chris Beer

Billy Bloomfield Whimble Handyman

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London Marathon

For the second consecutive year Teresa and I have decided to go again in the **London Marathon** on Sunday 28th April 2019. We know what to expect this time and the challenges ahead. We will be 61 and 54 years old by the time we get to the start line for 2019 and we are now just over half way through 16 weeks of hard training and fundraising...please help us if you can!!

Hospiscare provide such an incredible service to individuals and families and we know close friends and family who either have received, or are currently receiving, this amazing end of life support. Hospiscare funding comes from us all via various fundraising events and we feel passionately that we can and should help. The simple truth is that most families will receive the help and service that **Hospiscare** can provide at some stage.



Please help us to reach our target of £4000 (£2000 each) by giving what you can. We will also be holding various events that you are all invited to enjoy. 90's Disco, Mega Pub Quiz, School talks and Mental Health Awareness training sessions, are just some of the events we will organise. Keep an eye out for dates and times. The Mega Quiz is on Sunday 7th April at The Thirsty Farmer pub in Whimble. Teams of 6 max. and a start time of 6.30pm. Tickets are bookable via the pub on 01404 822287 and are just £10 which includes Bangers and Mash and entry to the quiz.

If your business or work need any training events around Mental Health Awareness, Safeguarding or Leadership, then let me know. I will donate my fee to Hospiscare and give you a concessionary rate. Call me to talk through your requirements on 07736 727209.

You can donate to us by going to the JustGiving website and search for Hospiscare. Or just use either link below to get to our pages. Thank you for your time and for donating.

Nick at: www.justgiving.com/fundraising/nick-jarrold2

Teresa at: www.justgiving.com/fundraising/teresa-jarrold1

Nick and Teresa Jarrold

*Nick and Teresa Jarrold are running
the London Marathon and invite you to a*

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in aid of Hospiscare

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*Tickets £10—includes sausage and mash supper and quiz entry
(max 6 people per team)*



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CHANGES TO TRAIN TIMES AT WHIMPLE STATION FROM 19th MAY

South Western Railway have announced changes to the timetable on the London Waterloo to Exeter line from 19th May onwards, with some of the changes affecting Whimple.

The most significant changes are the times of departures towards Exeter in the late afternoon and evening on Monday to Friday. Whimple will still get the same number of trains going to Exeter, and these will still be roughly every two hours, but the times of the trains will be different – they will be shifted by about an hour.

Similar changes are also happening at Feniton. All trains from Whimple and Feniton will now stop at Pinhoe on their way into Exeter (this is not currently the case).

Here's how the evening timetables for trains to Exeter from Whimple and Feniton are changing:

CURRENT TIMETABLE – MONDAY TO FRIDAY

Feniton	1621		1823		2022		2225	2338
Whimple		1724		1927		2128	2230	2343
Cranbrook	1629	1729	1831	1932	2030	2133	2234	2347
Pinhoe		1733		1936		2137	2238	2351
Exeter Central	1635	1737	1837	1940	2037	2143	2243	2356
Exeter St Davids	1643	1742	1843	1946	2043	2147	2247	0001

NEW TIMETABLE – MONDAY TO FRIDAY - FROM 19th May

Feniton		1721		1923		2123	2225	2338
Whimple	1624		1825		2025		2230	2343
Cranbrook	1629	1729	1831	1932	2030	2133	2234	2347
Pinhoe	16.33	1733	1835	1936	2033	2137	2238	2351
Exeter Central	1635	1737	1837	1940	2037	2143	2243	2356
Exeter St Davids	1643	1742	1843	1946	2043	2147	2247	0001

This is only for Mondays to Fridays - services on Saturdays and Sundays are not affected.

There are some other changes too:

The 1636 departure from Exeter St Davids will depart three minutes later at 1639, and while it will still call at Whimple it will no longer call at Feniton.

The 1624 departure from Exeter St Davids will now additionally call at Feniton (but still will not call at Whimple – it currently does not call here anyway, so this does not affect Whimple directly).

There will be a later train from Whimple to London in the evening on all days including weekdays, Saturdays and Sundays. The 2044 departure from Whimple which currently only goes as far as Basingstoke will now go all the way to Waterloo.

The last train back from Exeter to Whimple in the weekday evening (2257 from Exeter St Davids, 2301 from Exeter Central) will depart 3 minutes later from St Davids. This is only Monday to Friday.

Other trains from Exeter to Whimple in the evening do not appear to be affected.

There are other changes affecting the stops at other stations between Whimple and London – further details can be found on the South Western Railway announcement.

The full announcement is on the South Western Railway website southwesternrailway.com but is not very easy to find! You need to go to the very bottom of the home page, at the bottom of the list under ‘About us’ click on ‘Latest News’ then see the announcement ‘South Western Rail announces 300 additional train services across its network’ dated 8th March. At the bottom, click on ‘West of England’ for a PDF document listing all the changes.

WHIMPLE STATION – PLEASE MAKE USE OF THIS VITAL VILLAGE ASSET

No doubt these changes will be inconvenient in some cases but they may actually be more convenient. For example, if you’re going out in the evening in Exeter on a weekday, it will now be possible to get into Exeter to start an evening out at 7.00pm.

The important point, though, is **PLEASE USE WHIMPLE STATION**. It is a huge asset to the village, and we need to continue to show how important it is to us by actually using it. I don’t like to use the phrase ‘Use Or Lose It’ but it’s obviously always a worry in today’s age of cuts

Currently there are about 60,000 passenger journeys per year to or from Whimple (as recorded by ticket sales) – it would be great to increase this to demonstrate the huge value of the station to the people of Whimple. Taking the train to Exeter is much quicker than driving and you don’t have the hassle or expense of parking – and of course this also reduces your personal carbon footprint.

Richard Betts

Whimple Rail Users Group

2019 PANTOMIME



**ONCE
UPON A
WHIMPLE!**



I think it must be some four or five years since I trod the boards with the Whimbletons, but last year looked so much fun that I spoke to Neil and cheekily asked if I could have a small speaking part that didn't require lots of lines to learn. So I was very happy to be given the part of a heckler in the audience who would come to the front of the hall, do a little business and then return to my seat. The best news was that I had only a few lines to

remember (mind you, it took me until Saturday to get them in the right order!) and the biggest number of lines were handed to me, to read! Wonderful! This meant that I was lucky enough to sit through all four performances of this panto, so I felt that I should repay the favour by writing a review.

It was kicked off by our very own Caledonian Chorus in the shape of Carolyn Cleasby who gave us her unique introduction to the housekeeping information – sometimes I think we do need someone to translate for her! Jeremy Wilson steered us safely through the evening – and was very impressive in that he had learned his part, despite having the gift of the script being in front of him! (Dear reader, you must appreciate that in my world, anyone who has learned their lines deserves my full admiration!). At the last Panto Dames Racing Afternoon (another highlight of the village's cultural year), Simon Denton had foolishly agreed to be a dame, and it was clear to the rest of us that it wouldn't be long before he was drawn into the Cross Dressing Club that is the Whimbletons. And there he was, with Henry Gordon Lennox, both camping it up to untold heights, and appearing to enjoy it all especially the high heels! Cathy B-H as the Queen was wonderful and displayed great skill in letting the audience know when she had forgotten her lines – in a strange but subtle way! I loved her song with the chorus sat on the stage in front of her – great idea. Simon Van-Grudgings was excellent as the pompous QC; Gemma Kielty as Princess PP was enthusiastic and smiley as ever and gave a great display in how to share the stage with the two original 'script bandits' of Tom O'Connor and Dave Jones. These two have developed a great stage partnership and are very funny – their little additions to the script, facial expressions and confidence to go off script and not to get lost, were wonderful to see! Paul Walsh was very good as the Prince Evil – especially funny with the enormous cat on his lap as a tribute to Blofeld! And what an evil laugh he had!

The six teenagers made up of Sam, Charlie, Max, Emily, Livvy and Ben brought a lot of energy to the panto as they swept on and off the stage – and they had a good song with Livvy providing the accompaniment on guitar. Neil Walker as the writer, AND the director AND the Ghost King is obviously building up for the Whimbletons to 'do' Hamlet – each evening he appeared more white and ghostly than the previous evening! He is very talented to carry all these roles for our local panto! Jenny Sanders and John Griffiths made excellent police – Jenny had some great lines and John just took every opportunity to over-act as the Sweeney and Kojak – still waiting for him to sing!

What can you say about Tony Bickel as James Blond – gliding in and out of the hall and very smartly turned out until Tom and Dave got going with the lipstick as they tried to disguise him as the captured Princess PP! (You had to be there!).

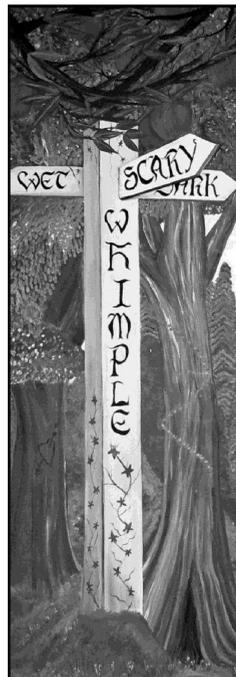
Sally Wilde had done her usual excellent work with the scenery – wonderful forests and castle interiors! The costumes were excellent by Sue Draycott and the make-up team did great work with all the cast. The backstage team, the lighting and the sound all worked invisibly well – good work here!

This was the last year that Slack-Ma-Girdle would be supporting the dulcet tones of the Whimps, so an end of an era for the village pantomime which always had a good reputation, especially for its music.

And of course, the Front of House team and the hard working bar staff.

So well done Whimps – another cracker – here's to next year!

EdH



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Whimble Parish Council



Whimble Neighbourhood Plan

The online survey has now closed and the Parish Council is grateful to all residents who contributed to this first stage of the process.

For the next stage Councillors have asked the Parish Clerk to gather the views and thoughts of local businesses, organisations, clubs, societies, charities, school and Church. It would help enormously if you are the owner, Chair or a representative of any of these bodies that you email Kevin Finch at whimbleparishcouncil@gmail.com on or before 1st May 2019 for more information



Defibrillator awareness/training event - reminder

The Parish Council is holding a Defibrillator awareness event in the Victory Hall at 7.00pm on Friday 5th April. All are welcome to attend but residents are asked to email Kevin at whimbleparishcouncil@gmail.com to book onto the event. Please supply the name(s) of all those wishing to attend from your family. Thank you to those who have already booked a place.



Whimble welcomes Responsible Dog Owners

Almost everyone who owns a dog is responsible and considerate to others, as well as caring for the wellbeing of their dog. Dog owners enjoy the time they spend out walking with their dogs and there are health benefits for both owners and the dogs themselves. Unfortunately, we know that not all dog owners think about the impact that their dog might have on other people, and not all dogs have been properly trained or socialised. Recently there has been an increase in the number of complaints regarding dog poo not being picked up in the Parish Field.

Under new legislation dog owners failing to have the means to pick up after their dog (i.e. not carrying a disposable dog poo bag) can be fined £100 which, if not paid within seven days, may result in prosecution in a magistrate court and a fine up to £1,000. Fines also extend to leaving poo bags in public places and hanging bags from trees and hedgerows. There are several dog bins around the village to place poo bags. Bags that are double wrapped can also be placed in your own large landfill bin for collection.

Further advice can be obtained from the Environmental Health team using the 'Report It' facility on the EDDC website.



Allotments

The two allotment sites in Whimble are now fully let and a waiting list has been re-introduced. If you are interested in adding your name to the waiting list or, would like more information, please email Kevin Finch, Parish Clerk at whimbleparishcouncil@gmail.com

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when ripened by the summer sun.

The blossom perfumes a warm days air
As rabbits and birds have no time to spare,
busy in nests and burrows
watching and feeding their young along furrows.

Here's hoping that the harvest will be good
and that the wassail gone has been understood,
when we danced around and toasted the apple
trees bare wood.

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**WHIMPLE HERITAGE CENTRE
OPEN ARCHIVES DAY
SATURDAY 20th APRIL 2019**

**Have you ever wondered what goes on upstairs at the Heritage Centre?
Did you actually know there is an upstairs?!**

On Saturday 20th April (Easter Saturday) you will have a chance to visit the History Society's extensive archive of records to see the huge amount of photographs and information we hold recording the history of Whimple, its people and their lives over generations. The archive covers a vast range of subjects, including the Church, School, Village Hall, homes, farms, businesses, village organisations, Whiteways and much, much more.

Our treasures include the minutes of the very first Parish Council meeting, a wonderful collection of postcards showing the village over many years, old accounts books for the village shop, old Church records detailing the subject of sermons, old Cricket club score books and meticulously maintained weather records.

You will be very welcome to visit the archives during the usual Saturday opening hours of the Heritage Centre.

We look forward to seeing you.

Gill Smith

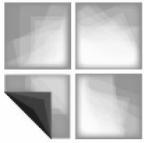
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Hospiscare Magpies Craft Fair April 2019

Hospiscare Magpies have been selling their upcycled jewellery and handmade beady craft items at local fairs and festivals for the past four years and have raised over £13,000.

After the amazingly successful Magpies Craft Fair held last May, they are aiming to do even better in 2019 with an even bigger Craft Fair on 6th April 2019 from 2.00 to 5.00pm in West Hill Village Hall. There will be lots of really interesting craft stalls, refreshments

(including sweet and savoury cream teas), and a raffle. Entry and parking is free. Many of the tables are already booked but if you are a local crafter who would like to support them and book a table please contact Cathy on cathybadley@hotmail.co.uk or telephone 01404 814852 as soon as possible. This will be an opportunity for local crafters to showcase and sell their products as well as help to raise money for Hospiscare.

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Louise Christopoulos (née Begent)

I am so grateful for everything the village has done to comfort and support me after the death of my daughter Louise. Thank you also to everyone who came to her memorial service; it meant a lot to me.

Jan Begent

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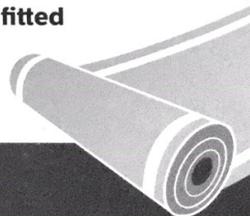
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A conversation with Frank Manley

I have been trying to have this conversation with Frank for a couple of years now, and was delighted recently when we finally had some time together - and have also included Elle, his wife who also has a very important part to play in all of this!

Frank's father was born at Fordton (on the junction of The Green and the Broadclyst Road). His father was a farmer, who started farming as a teenager when his father died. The family lived at New Hayes on the lane that passes Rull Farm; New Hayes had been built for his father and mother when they married on 'off-land' from the Fordton farm. They had married in 1930 and moved to New Hayes; his mother came from the Mingo family, and had lived at Woodhayes from the age of six.

There were three children from that marriage - Jean was born in 1933, Frank in 1940 and Mary in 1943. There can't be too many people who can boast of being born in the bedroom where he now sleeps, as Frank took over New Hayes from his parents. He attended a private school in Whimple run by a Miss Gibbins. This was held in the last of the semi-detached houses on Church Road, on the left, coming out of the village. One of his stories from his time with Miss Gibbins was that American servicemen were billeted near Whimple, being based at Dunkeswell during the war; there had been rationing so that when the Americans gave Miss Gibbins some chocolate powder, the children were very excited as they had not seen this treat before. Miss Gibbins carefully shared the chocolate powder amongst her pupils, who had all brought containers to take the powder home in. Frank was so keen to get this luxury home to his mother, that he ran all the way home - and then tripped and fell on the lane. The precious chocolate powder was spilt, and in desperation, Frank gathered it all together as best he could and returned it to the container. Unfortunately, the powder was now mixed with grit from the lane - he never knew if his mother used it, or if she had secretly disposed of it!

He left Miss Gibbins at seven, and went into Exeter to attend Norwood until he was 13 and then moved to the Exeter School until he was 18. He did 'A' levels in Latin, Greek and Ancient History - in later life, his knowledge of Greek helped him with learning modern Greek that was useful on several holidays in that country.

His mother didn't want him to get on the farm, and so he looked at joining the Civil Service. This meant taking the Civil Service Entrance Exam, which he passed and the plan was for him to join the Inland Revenue. However, the recruitment process took rather a long time, and whilst he was waiting for confirmation of his job offer, he helped his father on the farm, and found that he enjoyed the outdoor life. So he dropped the Civil Service idea and joined his father on the farm. A few months earlier, his father had sold some cattle because he wanted to be able to do all the farm work himself without the expense of hiring help; now with an extra pair of 'family' hands, he bought in more stock. He also gave Frank a small female pig, on the understanding that he would provide 12 months' worth of feed, and then Frank would be on his own to provide from the proceeds of the new 'pig venture'. By the end of that first year, Frank had sold the ten little pigs that came from the original sow, and then became 'independent', being paid the princely sum of 10 shillings a week (50p in today's money). Frank then looked after all the pigs on the farm after that.

With this steady income, Frank decided that he wanted some wheels to support his independence, and was looking at motorcycles. However, his mother was unimpressed with this plan and he found himself as the proud owner of an old Thames van. So what does an eligible young farmer with money to burn(!) and his own set of wheels do for entertainment? The local Young Farmers used to run dances around the area, and it



was here at Victory Hall that the 21 year old Frank met his wife-to-be, young Ellen, known as 'Elle'. After a four year courtship, they married in 1966 and had two children – Becky and April in the next two years. Ellen had lived at Sandford, and had an older sister who had started nursing. At age 14 her parents died tragically and so Ellen moved to live with an aunt and uncle who lived at Trow Farm – hence the fortunate link to Young Farmers and their local dances. . At 17, Ellen started her nurse training, in the Orthopedic Wards – met Frank and was engaged at 20. They married when she was 21 – her nursing training had finished just before then. Ellen joined the farming family and nursing had to take a back seat for a few years.

In 1971 his father retired from the farm, and Frank and Ellen carried on farming until 1983 when they sold the cows, having decided that they wanted to get some balance in their lives, without the very demanding life of a farmer. And it was in 1983 that they took a very rare holiday in the Cotswolds – now it is a regular annual event for them. Ellen returned to work as a nurse at the RD&E, taking a three-month orientation course to catch up with current day nursing knowledge and skills in the geriatric and kidney wards. Later she was encouraged to apply for (and got) a District Nurse position working out of the Barnfield Road Surgery. A few years later Ellen did a District Nurse course which took 12 months, and that meant that she was away from home during the week, at Bristol Polytechnic. She returned to the Barnfield Surgery for another year; meanwhile Hospiscare had just started in Exeter and she became a Community nurse with them, and spent some 14 years there before retiring at 60.

Meanwhile, in the time straight after selling the cows, Frank let the land under the 'grass keep' plan which meant that the land was only let in 12 monthly chunks of time and sold hay during the first winter, and then went to work as a cafe manager helping a friend in Exeter. In 1984 they were able to take their daughters on holiday to Tenerife, now that they were free of the demands of a farming life. Over a period of 20 years, Frank and Elle have now visited a different Greek island every year!

Frank and Elle have also been involved with the charity 'Children's Country Holidays' for some six years which helps city children stay on a farm for two weeks - children who don't know what a stinging nettle is, or what sand feels like under your feet – they have fond memories of taking children to the beach and seeing the delight and amazement in their faces as they race, barefoot on this new thing called sand! Some of the children have stayed in touch, which they find very humbling and rewarding.

(cont. overleaf)

Frank had a connection with someone in the Ministry of Agriculture, who advised him to apply for the Civil Service, and he found himself sitting the Civil Service Entrance exam (again!) at the ripe age of 43. He passed the exam and the interview in Bristol and was offered a Field Officer vacancy in the Tiverton-South Molton area. This was a job that Frank loved because he had a good understanding of the farmers concerns, and could relate to his 'customers'. He offered a very useful service to them in finding their ways through the mountain of official forms that they all had to complete for the Ministry. After five years he was brought back to Exeter where he was the Wages Inspector for Devon. In the 20 years that he worked for the Ministry/ DEFRA Frank says that he has covered all of Devon!

In 2001 the Foot and Mouth epidemic struck Devon, and Frank was spending a lot of time supporting farmers who needed not only admin help, but personal support as this disease decimated flocks/herds across the county. Although it was a very harrowing time, Frank found it a very fulfilling experience to be able to provide valuable support to the Devon farmers. He should have retired at 60, but carried on until he was 65 in 2005. He still has an interest in his orchard, and has an arrangement with Ventons Cider in Clyst St Lawrence who take his apples and return some of it to him as cider – sounds like a good deal!

EdH

the mindful gardener

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Thoreau

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As mentioned in the last edition of the News, our AGM was held on Monday 28th January 2019 and was a very well attended meeting. Once again we were able to reflect on another very successful and very enjoyable year. There were two changes to the principal Officers with Doreen Staddon taking over as Vice Chairman and Sherril Olive taking over as Minute Secretary. Unfortunately, after a number of years of being our Membership Secretary, Myrtle Dockings has stood down. We are very grateful to Myrtle for all the hard work she has put in carrying out this role as our membership numbers have been at an all-time high for the past few years. In the interim, Members can renew their membership via Branco Love or myself. So, it looks like we are all set for another busy year!

Our first event this year was on Friday 8th February which was a talk by Mike Hawkins on 'Growing for the Show Bench'. Mike has won the Whimple Folk Cup at our Flower Show for the past two years so clearly has a great deal of knowledge on how to successfully grow flowers and vegetables. A large and very attentive audience was given a fascinating talk on how he grows his flowers and vegetables. Now his secrets are out, I am sure he will have some good competition at this year's Show!

This was followed on Friday 13th March with a talk from Leigh Edwards on 'The Genetic Modifications of Crop Plants'. As this event took place after the copy date for this edition, a report will be the next edition.

Our major fund raiser for the year, our Spring Plant Sale and Coffee Morning, will be on Saturday 11th May in the Village Hall. This is now a well-established and well supported event on the Whimple calendar and hopefully we will have the same support this year. We aim to provide the usual wide range of plants so get there on time to get the best bargains! Hopefully the spring weather will arrive in time for us to bring on the large array of plants we try and have on offer. The funds raised from this event go towards the ever-increasing cost of staging the Annual Flower and Craft Show.

Our first trip for this year will be on the day after the Plant Sale on Sunday 12th May. This will be a trip to the Malvern Spring Flower Show. This is a magnificent event with much to see and do. There will be inspirational gardens, specialist plant and floral exhibits together with a beautiful floral marquee. There will also be talks from leading experts such as Carol Klein, Sarah Raven, Joe Swift, Jonathan Moseley and Lee Connelly. A booking form for this trip with all the relevant information is included in this edition of the News. So, if you want to get in on this trip, please complete the form as soon as possible.

This will be followed by a trip to RHS Rosemoor on Sunday 23rd June to visit the very popular Rose Weekend and Craft Market. The cost for this trip will only be £10.00 for members and £11.00 for non-members. Full booking details will be in the next edition. However, as this is likely to be a very popular trip, you can reserve a seat for trip by contacting Doreen Staddon on 01404 823594 or Brian Nelson on 01404 813643.

Our annual Flower and Craft Show will be on Saturday 10th August 2019. We have just about finalised all the Classes for this year's Show and we intend to have the Show Schedule available at the Plant Sale, if not before. For the Village Challenge this year the subject will be a 'Freestyle Sculpture' made with recyclable material. The sculpture should not exceed six foot in height. We hope that this will encourage some very creative exhibits!

In September we are looking to arrange a coach trip to visit The Garden House at Buckland Monachorum as well as the Endsleigh Garden Centre. More details of this event in the next edition of the News but the trip has been provisionally booked for Sunday 29th September. There will of course be the usual pick up points in Ottery St. Mary and The Square.

Our last event of the year will be another Quiz Night. Following the success of the previous two we have held, we just simply had to do it again! These evenings have proved to be very enjoyable and a lot of fun. The date for this event is Friday 8th November.

We look forward to seeing you at all of these events as it looks like being another very busy year.

Paul Wilson, Chairman, Whimble VPA

Whimble & District Village Produce Association (VPA) Outing to the Malvern Spring Flower Show and Festival On Sunday 12th May 2019

To book please complete the form below :-

Name..... Tel. no.

e-mail address..... e-mails sent to more than you will be by Bcc

Total number of seats required.....

Please tick which applies to you :-

Members of the VPA £36.00.....

Non members of the VPA £37.50.....

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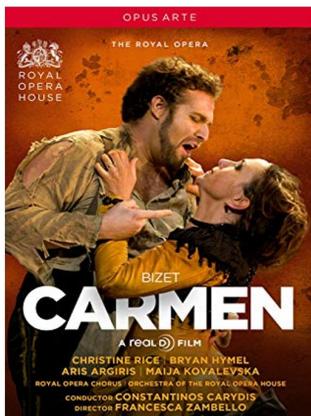
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Please return completed form with cheque to either Mrs Doreen Staddon, 1 Allergrove Cottages, Whimble EX5 2TJ, Tel 01404 823594 or Brian Nelson, Gerway House, Gerway Lane, Ottery St Mary EX11 1PW Tel 01404 813643

Alternately you can hand in the booking form and cheque /cash in an envelope at the Whimble Stores or Roberts Hardware, Ottery St. Mary

WHIMPLE FRONT ROW CLUB

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Saturday 6th April

Saturday 11th May

Sunday 9th June **End of Season Special**

Saturday 13th July **Village Week**

Saturday 14th September **(inc. AGM)**

Saturday 12th October

Saturday 2nd November

Saturday 7th December **Christmas Special**

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Please email frontrowclub@gmail.com or call Rob Davis on 01404 823 089 if you have any queries about the club

Our new year began with an 'Open Meeting' in January, when Al Pewsey from Dartmoor Search & Rescue based in Ashburton, spoke to us about their team of highly skilled and professional volunteers which was formed in 1968. Al described their role and training, which was very extensive, in order to rescue missing persons on Dartmoor – all illustrated with short videos and slides.



A very valued local service which was described extremely well and Al answered many questions from the audience at the end. This was a very successful evening, with over 20 visitors joining 34 of our members.

Our 'post-Christmas' lunch was held at the Blackhorse on the 16th of January, along with crackers, decorations and a raffle – the other customers must have thought us mad! There were over 30 of us, the food was exceptional and a great time was had by all – thank you Jane Clements for organising.

The February meeting started with a really fascinating talk by Dr Luc Vandamme, from an organisation called MAF 'Flying for Life'. They have been a Christian aviation charity for over 70 years and now operate 135 light aircraft in 26 developing countries, bringing food and aid workers, doctors and medicines, emergency airlifts to hospital, teachers and school supplies, plus missionaries, to the most remote communities. Around the world, people living in isolated areas are cut off from the things we in the UK often take for granted – just imagine if you had to walk for three days to see a doctor! Fortunately, MAF have nearly 2,000 partners worldwide such as Oxfam, Christian Aid and Tearfund, along with the country's local charities. I doubt many of us had heard of MAF before, so the talk was an impressive eye-opener and Dr Vandamme was a very accomplished speaker.

On the 16th February, the Devon Federation Quiz was held at Broadclyst Village Hall and as usual Whimple WI ladies provided and served refreshments. Our grateful thanks to all who assisted with tea & coffee, and made the cakes. We entered a team in the quiz and they equipped themselves very well, finishing somewhere half-way; well done ladies.

Sometime in April I shall be organise a Social Skittles evening at The New Inn in Broadclyst. I was going to say 'once the weather gets warmer' but that hasn't really applied during February has it? April evenings will be lighter and, hopefully, a good number of our members will be happy to venture out for a bit of exercise and lots of laughter!

For more information on Whimple WI, please contact **Marilyn Mills** on 821860

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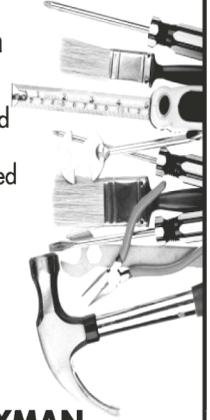
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WHIMPLE PRIMARY SCHOOL

We are now well into the spring term – part of the National Curriculum for our younger children is teaching the weather linked to seasons, that has made for some interesting conversations through the month of February!

Right at the end of January, our school orchestra, currently 14 pupils, travelled to Exeter University Great Hall. They had been invited by the Devon Music Hub to take part in a massed ensemble event, working alongside players from the Bournemouth Symphony Orchestra and around 150 children from across Devon schools. It was a fabulous experience for them all.



Our Key Stage 1 children have been exploring materials in science this term, activities have included identification of a variety of key materials around the school and then looking at the properties of materials, involving trying to stop snowmen from melting, experimenting with waterproofing and absorbency.

In March, it is National Science Week and our pupils will be getting involved in a variety of experiments and working with some 'Science Boffins'.



Fantastic Friday continues; in the most recent cycle of activities the Year 4 children designed and made bird boxes which are now over at the orchard and Year 3 were taught how to embroider using running, cross and chain stitch to produce their own designs.

The Year 6 children have started on their drama production 'Snow White' which will be performed at the beginning of April.

Carole Shilston

Headteacher

Whimple Primary School

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MONDAY 28/10/19

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We know that by maintaining and supporting brain health we improve our memory, lift our mood, balance our energy levels and improve our concentration. As you can imagine, there are numerous foods that support brain health. I thought about simply providing a list of those noted to support your mental acuity but decided it might be nicer to share a little recipe that is quick and easy to cook instead, that does the same thing.

The recipe is high in Omega-3, an essential fat that our body needs but does not produce, so it has to be obtained from the foods we eat. The majority of people do not get a sufficient balance of these fats, particularly Omega-3s which are not only good for our brains, but equally good for our heart, bones and hormones, for starters. The spices included can help reduce inflammation which means this recipe is equally good for our bones, digestion and nervous system. The recipe is from The Functional Nutrition Cookbook and is an easy add to your weekly menu. Plus, it's tasty and inexpensive too.

Indian Spiced Mackerel with Curried Lentils and Coriander Yogurt Sauce - Serves 4

Ingredients:	
<u>Curried Red Lentils</u> 1 tsp coconut oil 1 onion, finely chopped 2 garlic cloves, chopped 2cm/1in piece fresh root ginger, minced 1 tsp turmeric powder 1 tsp garam masala 225g/8oz red lentils 600ml chicken or vegetable stock Juice of ½ lemon Freshly ground black pepper Serves 4	<u>Yogurt sauce</u> 200ml natural live yogurt 1 tbsp fresh coriander, chopped 1 green chilli, deseeded and finely chopped <u>Spiced mackerel</u> 1 tsp fennel seeds 1 tsp cumin seeds ½ tsp chilli powder Pinch of cinnamon Sea salt and freshly ground black pepper 4 mackerel fillets (about 115g/4oz each), skin on Olive oil for drizzling
Directions:	
For the lentils, heat the oil in a large pan. Add the onion, garlic, ginger, turmeric and garam masala and sauté gently for 3–4 minutes. Add the lentils and stir to coat in the spices. Add the stock and cook covered for 40 minutes until tender. Season with lemon juice and black pepper.	
For the yoghurt sauce, simply mix all the ingredients together and chill until required.	
For the mackerel, heat the grill. Grind all the spices together to form a coarse mixture. Rub the spices all over the mackerel. Drizzle with a little olive oil. Put the mackerel fillets on to a tray and place under the grill, skin side up, and cook for 8–10 minutes, or until they are just cooked through.	
Serve with the lentils and yogurt sauce, new potatoes and steamed broccoli or cavolo nero on the side.	

If you make this delicious meal, please get in touch with me and let me know what you think. If you have any questions about how to improve your brain health or you have any other health issues with your weight, digestive system, hormones, arthritis, or if you want help reducing stress levels or are tired of being tired, get in touch with me on: 07747 755659, debmmac@gmail.com or private message me on Facebook page <https://www.facebook.com/rootstolivewell>

Here's to your good health. **Deb**



Last Autumn, Whimble Church started a youth club for children age 7 – 11 years, meeting in the Victory Hall every other week.

With the help of the YMCA, we have an amazing youth worker called Becky, who organises each session which is tailored around a theme.

Last term we focused on the 'Fruits of The Spirit' from the Bible, looking into subjects like kindness, patience, gentleness, and self control. The sessions start with themed team games, which are a great opportunity to let off steam after a long day of sitting still at school! Box ball seems to be their ultimate favourite so far, the children are in mixed teams, and work so well together, their team work is really admirable.

They then split into their teams and we have a discussion time, exploring the meaning of the theme. These times provoke really precious conversations between the young people, and it's a great time of learning from one another about morals and worldly issues. This then leads onto a craft or activity based around the subject.

We have a group of volunteers who work on a rota system to come and assist and support. Each session there is a leaders challenge, which is always a new experience.....never before have I tried to eat a chocolate placed on my forehead without using my hands, my team were very supportive, cheering me on!

If you would like to be involved and can volunteer one Tuesday a month for an hour and a half, please get in touch with myself, Rachel Povey, or Helen Bowker for more info. All volunteers have to be DBS checked and receive YMCA training on child safety. It is such a rewarding role being part of the children's fun time, watching them bond and seeing friendships form across the age groups.

For the Summer term we will be looking at Super Heroes....both Biblical and Marvel based!

Rachel Povey

Whimble News Delivery

We are looking for someone to take over a delivery round. It involves delivering 24 copies of the magazine every two months in an area starting around Slewtton House and finishing at Perriton Farm. This would suit someone who likes walking around the village and would be a great way to help the Whimble News continue this delivery service.

If you are interested or want to find out more, please contact **Cathy Sharkey** on 01404 822939 or email me: cpisharkey@gmail.com



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WHIMBLE CHURCH
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The PCC AGM will be held on 23rd April in the Church at 7.00pm. Please join us from 6.45pm for refreshments. If you would like to know more about the work of the PCC please speak to Rev Chris Martin or one of the Churchwardens, Gerri Turner and Ian Spicer.

Please come along to find out what has been happening over the last year.

We are hoping to restart our popular Saturday Morning Coffee and Cake sessions in May but we need volunteers to help serve coffee and make cakes. We also need someone to coordinate these sessions. If you can help please contact Rosie Davis or Dianne Goodwin.

We are also holding our popular Breakfasts. The Ladies' Breakfast will be on 4th May at Clyst Hydon and the Men's Breakfast will be on 18th May at Talaton.

Full details of these can be found in The Link and on the website:

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Organisations in Whimble

Devon County Councillor (iain.chubb@devon.gov.uk)	
Iain Chubb	07932 459595, 01297 35468
East Devon Councillor (mevans-martin@eastdevon.gov.uk)	
Mark Evans-Martin	07968 785845
Parish Council (whimpleparishcouncil@gmail.com)	
<i>Chairman:</i> John Griffiths	823480
<i>Clerk:</i> Kevin Finch	823385
Primary School (admin@-primary.devon.sch.uk)	
<i>Headteacher:</i> Carole Shilston	822584
<i>Chair of Governors:</i> Linden Best	822595
Friends of Whimble School (FOWS) whimplefows@gmail.com	
<i>Chairperson:</i> Ali Large	823863
St. Mary's Church	
<i>Parish Priest:</i> Chris Martin	822427
<i>Impact Cell:</i> Helen Bowker	823193
Book Group	
Tanya Mooney	823326
Cricket Club	
<i>Booking Secretary:</i> Jonathon Silk	822389
Football Club	
<i>Chairman:</i> Ian Stephenson	
<i>Secretary:</i> Lee Wheaton	077341 52120
Front Row Club	
<i>email:</i> frontrowclub@gmail.com	
History Society	
<i>Chairman:</i> David Rastall	822486
<i>Secretary:</i> Roger Smith	822244
Mothers Union	
Margaret Burrough	822257
Over Sixties Club	
<i>Chairman:</i> Arthur Iball	822905
<i>Secretary:</i> Beryl Iball	822905
Pre-School & Toddler Group (www.whimplepreschool.com)	
<i>Chair:</i> Joe Pearce	823512
<i>Information:</i> Jo Sibley 07794 652549 or admin@whimplepreschool.com	
Recreation Trust	
<i>Knowle Cross Sports Ground:</i> Roger Smith	822244
Scout Group	
<i>Group Scout Leader (and Marquee Booking):</i> Alex Spry	822844
St. Mary's Bellringers	
<i>Captain:</i> Roger Algate	822480
Table Tennis Club	
Chris Beer	07787 544192
Tennis Club	
<i>Secretary:</i> Roddy Bridge	822057
<i>Treasurer:</i> Marianne Randall	822025
Victory Hall	
<i>Chair:</i> Maria Wallis	823992
<i>Secretary:</i> Hilary Nowill	823581
<i>Booking Sec:</i> Ali Tierney	822724
Village Produce Association.	
<i>Vice Chairman,</i> Paul Wilson	822744
Whimbletons	
Cathy Bartlett-Horwood	823944
Womens Institute	
<i>President:</i> Di Eden	821992
Whimble and Broadclyst Young Farmers:	
<i>Vice Chair:</i> John Down	07580 938109

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Evening Meals are available from Tuesday to Saturday from 6.00pm to 8.30pm.

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